

# General Safety & Courtesy Guidelines for SISA Figure Skating Ice Sessions

## SAFETY & COURTESY

1. There will be a designated session monitor for each ice session/group class. Parents and skaters shall, at all times, cooperate with the appointed session monitors and treat ALL volunteers with courtesy and respect.
2. Skaters on the ice are expected to be alert and courteous and **make way for the skater doing his/her program with music**. For visibility, skaters are REQUIRED to wear an orange band (provided) around the waist while doing his/her program.
3. In order to prevent unnecessary distraction to the skaters, **parents/non-skaters are not allowed to loiter by the rink side**. If a skater needs to speak to his/her parent/guardian, the skater should step off the ice and move to the gallery to do so.
4. **Parents should not disturb the coaches while they are conducting lessons on the ice**. In the case of an emergency, please contact the session monitor.
5. Skaters should not eat while they are on the ice.
6. **Video recording of OTHER skaters is prohibited**. Parents may, however, film their own child during practice sessions from the gallery area. Rink side filming is not allowed unless a pre-arranged rink side video lesson has been approved.

## MUSIC

1. **Skaters will need to bring BOTH an iPod (MP3 player) AND CD's containing their skating music if they would like to play their music during a practice ice session**. Skaters are responsible for presetting the music they would like to play on their device before each session or before their turn is up. **Skaters should create a playlist under SKATING 2014 and name your program SHORT or FREESKATE** to allow parent volunteers to easily identify the music.

2. It is **mandatory** for a skater to wear the provided orange band around his/her waist when the skater is doing a program to his/her music.
3. Under regular conditions, skaters can help themselves and use the rink side ipod connection cable to play program music whenever it is available. When another skater is playing his/her music, skaters should be courteous and form a queue with their music device.
4. When there is a **high demand from skaters to play their program music**, please note that the session monitor, at her/his discretion, will conduct a draw to determine the music playing order of the skaters and prepare a music roster. Skaters will be asked to turn in their music CD's and the assigned parent on duty will play music for the skaters according to the roster drawn out by the monitor 10 - 15 minutes after the start of each session until the end of the session. Skaters are responsible for collecting their CD's and/or iPod/MP3 Players at the end of each session.
  - All skaters will have their music played according to the order listed in the music roster. Skaters who are having lessons with a coach **do not have priority** for music playing.
  - All program music will be stopped **promptly** at the end of the session.
  - Skaters who like to skip a turn must inform the music coordinator in advance. Otherwise the skater is still liable to pass the orange belt to the next skater on the list. **DO NOT REJECT THE ORANGE BELT WHEN HANDED TO YOU** by the skater before you.
  - All skaters need to ensure that their **music device and/or CD (as requested by the monitor)** is brought to the rink side and presented to the parent volunteer who will be playing music at the beginning of each session.

#### **SAFETY GUIDELINES ON ICE**

1. All skaters are required to read thoroughly and to be familiar with the **attached SAFETY GUIDELINES ON ICE.**
2. All skaters are required to follow the attached SAFETY GUIDELINES ON ICE at all times.

**GENERAL**

1. It is the parent's and the skater's responsibility to ensure that the skater is familiar with and understand all applicable terms and conditions.
2. All parents and skaters should remind each other of the above rules and guidelines. This will help to create a safe and harmonious skating environment for all.
3. If anyone (parent or skater) violates the stated terms and conditions, SISA reserves the right to remove such persons from the ice rink during SISA ice time and/or not accept future bookings from such persons.

I, \_\_\_\_\_ (**skater's** name) have read and understand **all the guidelines above and the attached Safety Guidelines On Ice**. I will follow these guidelines at all times.

\_\_\_\_\_  
**Skater's** Signature

\_\_\_\_\_  
Date

I, \_\_\_\_\_ (**parent's** name) have read and understand **all the guidelines above and the attached Safety Guidelines On Ice**. I will follow these guidelines at all times.

\_\_\_\_\_  
**Parent's** Signature

\_\_\_\_\_  
Date