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Singapore National Figure Skating Championships & Basic Skills Competitions 2019

Saturday, 30 March 2019
Sunday, 31 March 2019

ANNOUNCEMENT
Updated on 9 February 2019

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1 VENUE

The Rink @ JCube
Level 3, JCube Shopping Mall
2 Jurong East Central 1,
Singapore 609731

2 GENERAL REGULATIONS

The Singapore National Figure Skating Championships 2019 will be conducted in accordance with the

- ISU Constitution and General Regulations 2018;
- ISU Special Regulations and Technical Rules Single and Pair Skating and Ice Dancing 2018;
- All pertinent SISA & ISU Communications
- Singapore Ice Skating Association Regulations;
- Singapore Ice Skating Association Policies and Procedures.

3 ELIGIBILITY

- Skaters seeking to compete in the Championships, other than as a Guest skater (refer to paragraph 3.1) must be a financial member of SISA prior to the commencement of the Championships.
- Skaters seeking to compete in the Championships, other than as a Guest skater (refer to paragraph 3.1) must have passed the required SISA qualifying test for the Championship level competing in prior to the commencement of the Championships (with exception to Future Stars, Preliminary and Adult Categories)
- Additionally, skaters must meet the eligibility conditions specified in the respective category stated herein.

3.1 DEFINITION OF GUEST SKATERS

A Guest Skater is one who EITHER

- a. Is not a Singapore Citizen

OR

- b. Is a Singapore Permanent Resident who has not obtained an official ISU clearance certificate granting him/her permission to represent Singapore in international competitions and ISU Championships.

4 TECHNICAL DATA

All events and all official practices will take place at The Rink @ JCube, an indoor ice rink with a surface of 30m x 60m.

5 ENTRIES

Entries must be made on the official online entry form only. Online Entry forms will be mass emailed to all current SISA members and will also be available from the SISA website: www.sisa.org.sg. Deadline of the entry is: 28 February 2019.

Skaters must also supply the following documents with their official entry form:

- For Singapore Citizen – A certified true copy of the skater's birth certificate or passport.
- For Singapore Permanent Resident – ISU Clearance certificate.
- For Guest Skater – Entry form must be endorsed by the association of the country of his/her country of citizenship. Guest skaters who are unable to obtain such endorsement because he/she does not belong to any skating association in the country of his/her citizenship must complete the form in SISA Communication 74.

Payment of entry fees will be collected via the official online entry form upon registration.

Entries will not be accepted without full payment, or without the documents mentioned above.

Related documents must be EMAILED to: administration@sisa.org.sg on or before 28 February 2019.

5.1 ENTRY FEES

Entry fees provide all competitors with free admission to all events and one free official ice practice session per event. No refunds will be provided.

Advanced Novice, Junior and Senior Categories

(Ladies and Men) S\$ 350.00 + \$5 PayPal transaction fee per skater

Preliminary, Elementary, Basic Novice, Intermediate Novice and Adult Categories

(Ladies and Men) S\$250.00 + \$5 PayPal transaction fee per skater

Future Stars Categories

(Ladies and Men) S\$200.00 + \$5 PayPal transaction fee per skater

Dance Categories

(Ladies and Men) S\$100.00 + \$5 PayPal transaction fee per couple / solo pattern dance entry

Above rates are for SISA Members.

For non-members rate, there will be an additional S\$100.00 on top of the above rates.

5.2 LATE ENTRIES

Late entries will be accepted on payment of double the entry fee, up to 22 March 2019 prior to the skating order draw. No entries will be accepted after the Skating Order Draw.

FINAL SCHEDULE FOR COMPETITION AND OFFICIAL PRACTICE

The final schedule for the competition and official practice sessions will be posted on SISA's website. Updates will also be emailed to participants who have furnished an active email address in the entry form.

6 MUSIC & PLANNED PROGRAM CONTENT

All competitors shall furnish competition music of excellent quality on CD (compact disk) format.

The discs must show the exact running time of the music (not skating time).

Each program (short/free skating) must be recorded on one track and on a separate CD.

Competitors must provide a back-up CD for each program.

All CD's must show:

- Competitors name
- Competition category, e.g.: Basic Novice
- Program Identification e.g.: Short Program
- Exact running time of the music (not skating time), including any starting signal

Music must be submitted at the time of registration. Competitors will be responsible for the collection of their music at the conclusion of their event. SISA will not be responsible for the safekeeping or on forwarding of any unclaimed music.

All competitors are required to submit a Planned Program Content (PPC) Form with their Entry Form. No changes will be accepted to PPC's after the 22 March 2019.

7 DRAWS – ORDER OF SKATING

The date of the draw for the order of skating will be undertaken on the 24 March 2019. The official competition and practice schedule will be released after the close of entries. For participants who have two programs, the order for the free skating program will be the reverse order of the short program results.

8 COACH ACCREDITATION

Only NROC registered coaches with at least NCAP Level 1 may obtain accreditation.

No unaccredited coaches will be allowed rink side during practice session or events.

In the case of an international coach who is assisting skaters only during the Championships, and who has not obtained accreditation from SSC, an application must be made to SISA administration@sisa.org.sg for temporary accreditation.

9 INSURANCE/LIABILITY

Under no circumstances shall the Singapore Ice Skating Association and the organizers of this competition, their employees, agents and/or servants be held responsible or liable for any loss, damages or injuries whatsoever or howsoever caused suffered by the skaters or officials.

As a condition of and in consideration of the acceptance of the entries or participation therein, all entrants, their family members and officials shall be deemed to have agreed to assume all risk of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims, which they may have against the Singapore Ice Skating Association.

10 CORRESPONDENCE

Please note that all correspondence with regards to the 2019 Singapore National Figure Skating Championships will be by email only. Please ensure that the email address you supply with your registration form is current and active. Please check your email regularly for updates as the Championship approaches.

11 ENQUIRIES

ALL enquiries should be directed to the SISA Administration Officer by email. The email address is: administration@sisa.org.sg.

All competitors and coaches should also familiarise themselves with the rules of the International Skating Union. A copy of the ISU rules and the latest communications may be downloaded from the ISU website www.isu.org.

12 RESULT

The ISU judging system will be used for all events.

13 AWARDS

Gold, Silver and Bronze medals will be presented to the champion, second and third placed skater in each division. The title of National Champion can only be held by a Singapore Citizen or a Singapore permanent resident.

Guest skaters who place in the top three of each division level will be given a placing medal.

The Dr Alan Blinn Memorial Trophy

The Dr Alan Blinn Memorial Trophy will be awarded to the first place SISA member competitor participating in either the Single Ladies or Single Men's divisions at the Singapore National Figure Skating Championships 2019 (Elementary – Senior) with the highest overall total points score margin between first and second place. In the event that two skaters have the same winning margin, then the skater with the highest margin in the free skating event shall be awarded the trophy. If the margin is the same, the skaters will share the trophy.

The Ice Angels Artistic Trophy

The Ice Angels Artistic Trophy will be awarded to the SISA member competitor in the Singapore National Figure Skating Championships 2019 who provided the most artistic presentation in a skating program. Skaters in all categories will be considered and the winner will be determined by the Championships Judges.

14 VIDEO RECORDING AND PHOTOGRAPHY

SISA retains the rights for any photographs and video recording of the Singapore National Figure Skating Championships 2019.

The use of FLASH PHOTOGRAPHY or VIDEO LIGHTS is not permitted during warm-ups or events.

NATIONAL BASIC SKILLS COMPETITION
SINGLE SKATING

15 SINGLE SKATING – BASIC SKILLS COMPETITION

15.1 REMARKS FOR FUTURE STARS TO ELEMENTARY CATEGORIES

- There will be a deduction of 0.5 for each fall.
 - * A Fall is defined as loss of control by a skater with the result that the majority of his/her own body weight is on the ice supported by any other part of the body other than the blades e.g. hand(s), knee(s), buttock(s), or any part of the arm (Rule 503, para 1).
- Depending on the number of entries, this event may be split according to age.
- Both boys and girls will compete in the same division, unless there are at least 3 boys in a division, then a separate event will be held.

Factors

The multiplying factor for the Program Components Score is:

Free Skating – 2.5

The Program Components to be judged are:

Skating Skills

Performance / Execution

15.2 REMARKS FOR FUTURE STAR CATEGORIES

- Element Skating Order is optional
- Each element may only be performed ONCE
- NO additional elements to be performed, any additional elements will receive a 0.5 deduction per element
- To be skated on full ice
- Skater to supply own music
- Please refer to SISA Communication No. 15 for the definitions of the Future Stars elements
- Must not have passed the SISA Elementary test or higher
- Must not have competed in a Preliminary or higher singles competition

15.3 FUTURE STARS

Free Skating

Duration: 1 minute and 30 seconds maximum, but may be less

A well balanced program must contain:

- One-foot spin (correct entry and exit, min 3 revs);
- Waltz Jump;
- Salchow Jump;
- Lunge (Right and Left Feet);
- Ballet Jump (Right and Left Feet);
- Forward outside or Forward inside spirals (Right and Left feet);
- Inside Spread Eagles (Clockwise and Anti-Clockwise);

Eligibility: No minimum test requirement

- Must not have passed the SISA Elementary or higher test.
- Must not have competed in a SISA Preliminary or higher singles competition.

15.4 Shadow Pattern Dance

Shadow Pattern Dance: The shadow pattern dance event is offered for the skaters of all ages with no testing required. Skaters will skate the ice dance pattern side-by-side separately at the same time without being in an ice dance hold.

A team may be comprised of two females, two males or one female and one male. In any case, the steps skated shall be the lady's steps as specified.

Competition Dance:

Canasta Tango (3 sequences)

Music may be vocal or instrumental. Music option may be skater's choice or ISU Ice Dance music selected for the Canasta Tango.

- Music Rhythm: Cha Cha 4/4
- Tempo: 25 four-beat measures per minute; 104 beats per minute
- Music Introduction: 32 beats, 19.2 seconds
- Pattern-Timing: 1 =: 19; 2 =: 28; 3 =: 58; 4 = 1:17
- Duration: Competition 3 =: 48

- * Skaters are to start the first sequence on the judges seating side

15.5 Solo Pattern Dance

Solo Pattern Dance: The solo pattern dance event is offered for the skaters of all ages with no testing required. Skaters will skate the ice dance pattern as a solo skater, the steps to be skated shall be the lady's steps.

Competition Dance:

Cha Cha (3 sequences)

Music may be vocal or instrumental. Music option may be skater's choice or ISU Ice Dance music selected for the Cha Cha.

- Music Rhythm: Tango 4/4
- Tempo: 26 four-beat measures per minute; 100 beats per minute
- Music Introduction: 32 beats, 18.5 seconds
- Pattern-Timing: 1 =: 16; 2 =: 32; 3 =: 48; 4 = 1:05
- Duration: Competition 3 =: 58

- * Skaters are to start the first sequence on the judges seating side

15.6 PRELIMINARY

Free Skating

Duration: 1 minute and 30 seconds +/- 10 seconds

A well balanced program must contain:

- Maximum of 4 jump elements
 - ½ Revolution jumps can be executed as transitional elements ONLY
 - Any jump can be repeated only once
 - Max 1 jump combinations or sequence
 - Single Axels may be performed, no DOUBLE or TRIPLE Jumps allowed
- Maximum of 2 spins, each of a different nature, max Level 1 to be called for features
 - One of which must be an upright spin with a change of foot (min 3 revs on each foot), May NOT commence with a fly
 - Sit or Camel Spin with NO Change of foot and NO change of position (min 4 revs in position), May NOT commence with a Fly.
- Maximum of 1 step sequence, max Level 1 to be called for features
 - Covering at least ½ the ice surface (lengthwise of a full size rink).

Where appropriate elements will receive a maximum of Level 1

Eligibility: No minimum test requirement.

- Must not have passed the SISA Elementary or higher test, at close of entries.
- Must not have competed in a SISA Elementary or equivalent higher singles competition.

15.7 ELEMENTARY

Free Skating

Duration: Maximum 2 minutes +/- 10 seconds

A well balanced program must contain:

- Maximum of 4 jump elements
 - Any jump can be repeated only once and this repetition must be done either in a jump combination or jump sequence.
 - Minimum of one (1), maximum of two (2) jump combinations or sequences. Jump combinations can contain only two (2) jumps.
- Maximum of 2 spins, each of a different nature, max Level 1 to be called for features
 - One of which must be a spin combination with or without change of foot (min 6 revs in total), NO Flying entry
 - One spin in one position, either Sit or Camel, with or without change of foot (min 4 revs in position), NO Flying entry.
- Maximum of 1 step sequence, max Level 1 to be called for features
 - Must fully utilise the ice surface.

Where appropriate elements will receive a maximum of Level 1

Eligibility: Passed the SISA Elementary Test

- Not competed in a Basic Novice or equivalent higher singles competition event

*NATIONAL FIGURE SKATING
CHAMPIONSHIPS
SINGLE SKATING*

16 SINGLE SKATING – FIGURE SKATING CHAMPIONSHIPS

16.1 BASIC NOVICE

Free Skating

In accordance with ISU Communication 2172 Single Skating Basic Novice (or subsequent updates).

Duration: 2 minutes and 30 seconds, +/- 10 seconds

Factors

The multiplying factor of the Program Components Score is:

Free Skating – 2.5

The Program Components to be judged are:

Skating Skills

Performance/Execution

Where appropriate, elements will receive a maximum of Level 2

Eligibility: Passed the SISA Basic Novice Test

- Not competed in an Intermediate Novice or equivalent or higher singles competition event.

16.2 INTERMEDIATE NOVICE

Free Skating

In accordance with ISU Communication 2172 Single Skating Intermediate Novice (or subsequent updates).

Duration: 3 minutes +/- 10 seconds

Factors

The multiplying factor of the Program Components Score is:

Free Skating – 2.0 for Men

1.7 for Ladies

The program Components to be judged are:

Skating Skills

Performance/Execution

Interpretation

Where appropriate elements will receive a maximum of Level 2

Eligibility: Passed the SISA Intermediate Novice Test

- Not competed in Advanced Novice or equivalent or higher singles competition event.

16.3 ADVANCED NOVICE

Short Program

In accordance with ISU Communication 2024 Single Skating Advanced Novice (or subsequent updates).

Duration: Maximum: 2 minutes and 20 seconds +/- 10 seconds

Free Skating

In accordance with ISU Communication 2024 Single Skating Advanced Novice (or subsequent updates).

Duration:
3 minutes +/- 10 seconds

Factors The multiplying factor of the Program Components Score is:

Short Program: 0.9 for Men
0.8 for Ladies
Free Skating: 1.8 for Men
1.6 for Ladies

The program Components to be judged are:

Skating Skills
Transitions
Performance/Execution
Interpretation

Where appropriate elements will receive a maximum of Level 3

Eligibility: Passed the SISA Advanced Novice Test

- Not competed in Junior or equivalent higher singles competition event.

16.4 JUNIOR

Short Program

The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2018 Rule 611, paragraphs 1 and 3 for 2018/2019.

Duration: Maximum 2 minutes and 40 secs, but may be less

Free Skating

In accordance with ISU Technical Rules Single & Pair Skating 2018, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value.

Duration: 3 minutes and 30 seconds +/- 10 seconds

Factors In accordance with ISU Rule 353, paragraph 1 m) the multiplying factor of the Program Components Score is:

Short Program: 1.0 for Men
0.8 for Ladies

Free Skating: 2.0 for Men
1.6 for Ladies

Eligibility: Passed the SISA Junior Test

16.5 SENIOR

Short Program

The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2018 Rule 611, paragraphs 1 and 2.

Duration: Maximum 2 minutes and 50 secs, but maybe less

Free Skating

The required elements to be skated for Senior Singles as listed in the ISU Special Regulations and Technical Rules Single and Pair Skating and Ice Dance 2018.

Duration:
4 minutes +/- 10 seconds

Factors In accordance with ISU Rule 353, paragraph 1 m) the multiplying factor of the Program Components Score is:

Short Program: 1.0 for Men
0.8 for Ladies

Free Skating: 2.0 for Men
1.6 for Ladies

Eligibility: Passed the SISA Senior Test

ADULT FIGURE SKATING COMPETITION
SINGLE SKATING

17 SINGLE SKATING – ADULT FIGURE SKATING COMPETITION

17.1 REMARKS FOR ADULT CATEGORIES

Eligibility

- Men and women will compete separately. The competition director reserves the right to combine events should there be fewer than two entries in any event.
- Eligible skaters are those skaters who are aged sixteen (16) years or older before July 1st preceding the event but have not reached the age of seventy-nine (79) before July 1st preceding the competition.
- A skater competing after July 1, in the year prior to the event in a Junior or Senior event either locally or internationally may NOT participate in this event.

17.2 ADULT MASTER

Free Skating

Duration: 3 minutes +/- 10 seconds

A well balanced program must contain:

- a) Maximum of 6 jump elements, one of which must be an Axel type jump. Single, double and triple jumps are permitted. There may be up to three (3) jump combinations or jump sequences in the free program.
 - One (1) jump combination may consist of up to three (3) listed jumps. Two (2) jump combinations may consist of two (2) listed jumps.
 - A jump sequence consists of two (2) listed jumps of an number of revolutions beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump.
 - Each listed jump may be performed a maximum of two (2) times.
 - Please note that the Euler (half-loop) is considered a listed jump only when used in combination in between two other listed jumps.
 - Non-listed jumps may be included in the program as part of connecting footwork.
- b) A maximum of three (3) spins of a different abbreviation, one (1) of which must be a spin combination with a change of foot and one must be a flying spin or a spin with a flying entrance.
 - The spins must have a required minimum number of revolutions: five (5) for any spin with no change of foot, and eight (8) for any spin with a change of foot.
 - A spin that has no basic position with 2 revolutions will receive no level and no value, however a spin with less than 3 rotations in total is considered as a skating movement and not a spin.
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
 - The change of foot in any spin must be preceded and followed by a spin position with at least three (3) revolutions. If this requirement is not fulfilled, the short part of the spin will be ignored including any features.
- c) A maximum of one Step Sequence fully utilising the ice surface.
 - Only the first executed attempt of a step sequence will contribute to the technical score.

Factors

The multiplying factor for the Program Components Score is:

Free Skating – 1.6

There will be a deduction of 1.0 for each fall.

17.3 ADULT GOLD

Free Skating

Duration: 2 minutes and 40 seconds +/- 10 seconds

A well balanced program must contain:

- a) A maximum of six (6) jump elements, consisting of single jumps (including the single Axel) or double jumps. **Double Flip, double Lutz, double Axel and Triple jumps are not permitted.** There may be up to three (3) jump combinations or jump sequences in the free program.
 - One (1) jump combination may consist of up to three (3) listed jumps. Two (2) other jump combinations may consist of two (2) listed jumps.
 -
 - A jump sequence consists of two (2) listed jumps of an number of revolutions beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. The jumps in **bold** above are **not** permitted.
 - Each listed jump may be performed a maximum of two (2) times.
 - Please note that the Euler (half-loop) is considered a listed jump only when used in combination in between two other listed jumps
 - Non-listed jumps may be included in the program as part of connecting footwork.
- b) A maximum of three (3) spins of a different abbreviation, one of which must be a spin combination with a change of foot and one must be a flying spin or a spin with a flying entrance.
 - The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, and eight (8) for any spin with a change of foot.
 - A spin that has no basic position with 2 revolutions will receive no level and no value, however a spin with less than 3 rotations in total is considered as a skating movement and not a spin.
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
 - The change of foot in any spin must be preceded and followed by a spin position with at least three (3) revolutions. If this requirement is not fulfilled, the short part of the spin will be ignored including any features.
- c) A maximum of one (1) step sequence fully utilizing the ice surface.
 - Only the first executed attempt of a step sequence will contribute to the technical score.

Only features up to Level 3 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

Factors

The multiplying factor for the Program Components Score is:

Free Skating – 1.6

There will be a deduction of 1.0 for each fall.

17.4 ADULT SILVER

Free Skating

Duration: 2 minutes +/- 10 seconds

A well balanced program must contain:

- a) A maximum of five (5) jump elements, consisting of any single jumps (including the single Axel). **Double jumps and triple jumps are not permitted.** There may be up to two (2) jump combinations or jump sequences in the free program.
 - One (1) jump combination may consist of up to three (3) listed jumps. The other jump combination may consist of two (2) listed jumps.
 - A jump sequence consists of two (2) listed jumps of an number of revolutions beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump.
 - Each listed jump may be performed a maximum of two (2) times.
 - Please note that the Euler (half-loop) is considered a listed jump only when used in combination in between two other listed jumps
 - Non-listed jumps may be included in the program as part of connecting footwork.
- b) A maximum of two (2) spins of a different abbreviation, one of which must be a spin combination.
 - The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, and eight (8) for any spin with a change of foot
 - A spin that has no basic position with 2 revolutions will receive no level and no value, however a spin with less than 3 rotations in total is considered as a skating movement and not a spin.
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
 - The change of foot in any spin must be preceded and followed by a spin position with at least three (3) revolutions. If this requirement is not fulfilled, the short part of the spin will be ignored including any features.
- c) A maximum of one (1) step sequence utilizing at least half (1/2) of the ice surface.
 - Only the first executed attempt of a step sequence will contribute to the technical score.

Only features up to Level 2 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

Factors

The multiplying factor for the Program Components Score is:

Free Skating – 1.6

There will be a deduction of 0.5 for each fall.

17.5 ADULT BRONZE

Free Skating

Duration: 1 minutes and 40 seconds +/- 10 seconds

A well balanced program must contain:

- a) A maximum of four (4) jump elements, consisting only of single jumps. **Axel type jumps, double jumps and triple jumps are not permitted.** There may be up to two (2) jump combinations in the free program.
 - Each jump combination may consist of two (2) listed jumps.
 - Each listed jump may be performed a maximum of two (2) times.
- b) A maximum of two (2) spins of a different abbreviation one of which must be a spin in one position with no change of foot. **Flying spins are not permitted.**
 - The spins must have a required minimum number of revolutions: three (3) for any spin with no change of foot, and six (6) for the spin combination with change of foot or the spin in one position with change of foot.
 - A spin that has no basic position with 2 revolutions will receive no level and no value, however a spin with less than 3 rotations in total is considered as a skating movement and not a spin.
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
 - The change of foot in any spin must be preceded and followed by a spin position with at least three (3) revolutions. If this requirement is not fulfilled, the short part of the spin will be ignored including any features.
- c) A maximum of one (1) choreographic sequence covering at least half (1/2) of the ice surface.
 - A choreographic sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc.
 - The choreographic sequence commences with the first move and is concluded with the last move of the skater.
 - The pattern is not restricted.
 - A choreographic sequence has a base value and will be evaluated by the judges in GOE only.

Only features up to Level 1 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

Factors

The multiplying factor for the Program Components Score is:

Free Skating – 1.6

There will be a deduction of 0.5 for each fall.