



# ELEMENTARY TEST

**Candidate:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Number of Judges Required:** Two (2), or One (1) National Senior Judge

**Technical Section Requirements:** A free skating program of 1½ minutes duration (+/- 10 seconds) to music of the skater's own choice (vocal music with lyrics not permitted), comprising the following elements (skated in any order), additional elements may not be executed.

Element	Comments	Repeats	GOE
Single Flip Jump			
Single Lutz Jump			
Three Jump + Single Loop Jump Combo			
Upright spin with one change of foot (min 3 revs on each foot)			
Sit spin (min 4 revs)			
Camel spin (min 4 revs)			
RFO Spiral (executed without any assistance)			
LFO Spiral (executed without any assistance)			
Straight line step sequence covering at least half the ice surface (30m) including three turns and mohawk on both feet.			

**Jumps:** No jump is to receive the equivalent of a downgrade from the intended number of revolutions.

**Repeat:** A maximum of two elements may be repeated twice without music at the Judges' discretion.

**Pass Mark:** The assessment will take into consideration the Grade of Execution of the elements and the program components in determining a Pass or Fail.

A Pass cannot be awarded if any element has a GOE of -3. The technical section of the test is evaluated as a whole as either a Pass or a Fail.

**Test Result** Pass  Fail

Judges Name: (please print) \_\_\_\_\_

Judges Signature \_\_\_\_\_

Probationary Judge Assessment:      Poor                  Fair                  Good                  Very Good                  Excellent

(Please tick appropriate box)                                                                             

Test Referees Signature: \_\_\_\_\_



# PRE-PRIMARY (NOVICE A) TEST

Candidate: \_\_\_\_\_

Date: \_\_\_\_\_

Number of Judges Required: Two (2), or One (1) National Senior Judge

**Technical Section Requirements:** A free skating program of 2:30 minutes duration (+/- 10 seconds) to music of the skater's own choice (vocal music with lyrics not permitted) comprising the following elements (skated in any order), additional elements may not be executed.

Element	Comments	Repeats	GOE
Single or Double Axel Jump			
2 Jump Combo/sequences <b>Maximum 2 jumps in combo</b>			
Lutz			
Spin Combo (Min 6 Rev's)			
Sit Spin with one chg of foot (Min 3 revs on each foot)			
Ladies: choice of 1 step sequence or spiral sequence (2 spirals)			
Men: 1 step sequence			

**Jumps:** No jump is to receive the equivalent of a down fall from the rounded number of revolutions.

**Repeat:** A maximum of two elements may be repeated twice without music at the Judges' discretion.

**Pass Mark:** The assessment will take into consideration the Grade of Execution of the elements and the program components in determining a Pass or Fail.

A Pass cannot be awarded if any element from a GOE of 0 in the technical section of the test is evaluated as a whole as either a Pass or a Fail.

Test Result  Pass  Fail

Judges Name: (please print) \_\_\_\_\_ State: \_\_\_\_\_

Judges Signature: \_\_\_\_\_

Probationary Judge Assessment:  Poor  Fair  Good  Very Good  Excellent

(Please tick appropriate box)

Test Referees Signature: \_\_\_\_\_



# PRIMARY (NOVICE B) SINGLES TEST

Candidate: \_\_\_\_\_

Date: \_\_\_\_\_

Number of Judges Required: Two (2)

**Requirements:** A Short Program, maximum duration of 3 mins 00 seconds to music of the skater's own choice (vocal music with lyrics not permitted) comprising the following elements (skated in any order); additional elements may not be executed.

Element	Comments	Repeats	GOE
<b>Single or Double Axel</b> Jump			
<b>Double Jump</b> immediately preceded by connecting steps and/or other comparable free skating movements			
Jump combination consisting of <b>Single jump + double jump</b> combo or <b>Double jump + double jump</b> combo			
Ladies: Jump element of choice Men: 2 Jump elements of choice			
<b>Flying Spin</b> (no change foot, no change position, min 6 revs)			
<b>Spin combination</b> (only 1 change of foot and at least 1 change of position, no flying entry, min 5 revs on each foot)			
<b>Ladies:</b> <b>Spiral sequence</b> (2 spirals must hold for 3 s) or <b>Step sequence</b> <b>Men:</b> <b>Step sequence</b> (straight line, circular or serpentine)			
<b>Program Components Comments</b>			

**Repeat:** A maximum of two elements may be repeated twice without music at the Judges' discretion.

**Pass Mark:** The assessment will take into consideration the Grade of Execution of the elements and the program components in determining Pass or Fail. The **program components** must be to a **fair standard** throughout the program.

A Pass cannot be awarded if any element has a GOE of -3 or more than 2 elements have a GOE of -2.

**Test Result** Pass  Fail

Judges Name: (please print) \_\_\_\_\_ State: \_\_\_\_\_

Judges Signature: \_\_\_\_\_

Probationary Judge Assessment:      Poor      Fair      Good      Very Good      Excellent  
(Please tick appropriate box)                             

Test Referees Signature: \_\_\_\_\_



# NOVICE SINGLES TEST

Candidate: \_\_\_\_\_

Date: \_\_\_\_\_

Number of Judges Required: Two (2)

**Requirements:** A Short Program, maximum duration of 2 mins 30 seconds to music of the skater's own choice (vocal music with lyrics not permitted) comprising the following elements (skated in any order); additional elements may not be executed.

Element	Comments	Repeats	GOE
<b>Single or Double Axel</b> Jump			
<b>Double or Triple Jump</b> immediately preceded by connecting steps and/or other comparable free skating movements			
Jump combination consisting of <b>double jump + double jump</b> or <b>triple jump + double jump</b>			
<b>Note: No jump can be repeated</b>			
<b>Flying Spin</b> (no change foot, no change position, min 8 revs)			
<b>Spin combination</b> (only 1 change of foot and at least 1 change of position with no flying entry, min 5 revs on each foot)			
<b>Step sequence</b> (straight line, circular or serpentine)			
<b>Program Components Comments</b>			

The jump combination may consist of the same or another double jump. However, the jumps included must be different from the solo jump.

**Repeat:** A maximum of two elements may be repeated twice without music at the Judges' discretion.

**Pass Mark:** The assessment will take into consideration the Grade of Execution of the elements and the program components in determining a Pass or Fail. The program components must be of a **fair standard** throughout the program.

A Pass cannot be awarded if any element has a GOE of -3 or more than two elements have a GOE of -2.

**Test Result** Pass  Fail

Judges Name (please print) \_\_\_\_\_ State: \_\_\_\_\_

Judges Signature \_\_\_\_\_

Probationary Judge Assessment:      Poor                  Fair                  Good                  Very Good                  Excellent

(Please tick appropriate box)                                                                             

Test Referees Signature: \_\_\_\_\_



# JUNIOR SINGLES TEST

Candidate:

Date:

Number of Judges Required: Two (2)

**Requirements:** A program consisting of 8 (eight) required elements. The sequence of the elements is optional. The skater may perform any of the current Junior Short Program Groups as listed in ISU Rule 511. The elements performed must be all from the one group, i.e. specific elements cannot be selected from multiple groups. The duration of the program is as defined in Rule 501 of the ISU regulations.

Element	Comments	Repeats	GOE
<b>Axel Jump</b> , Ladies: Double, Men: Double or Triple			
<b>Solo Jump</b> , Double or Triple as prescribed in ISU group Immediately preceded by connecting steps and/or other comparable free skating movements			
<b>Jump combination</b> as prescribed in ISU group Ladies: Two Doubles, One Double and Triple or Two Triples Men: Double and a Triple or Two Triples			
<b>Flying Spin</b> , as prescribed in ISU group no change foot, no change position, min 8 revs)			
<b>Ladies:</b> <b>Layback or Sideways Leaning Spin</b> (no flying entry, min 8 revs) <b>Men:</b> <b>Spin in one position</b> , as prescribed in ISU group (no flying entry, min 6 revs on each foot)			
<b>Spin combination</b> as prescribed in ISU group only 1 change of foot and at least 2 change of position (all 3 positions, no flying entry, min 6 revs on each foot)			
<b>Step sequence</b> (straight line, circular or serpentine)			
<b>Program Components Comments</b>			

The jump combination may consist of the same or different double or triple jump. However, the jumps included must be different from the solo jump.

**Repeat:** A maximum of two elements may be repeated twice without music at the Judges' discretion.

**Pass Mark:** The assessment will take into consideration the Grade of Execution of the elements and the program components in determining a Pass or Fail. The **program components** must be of a **fair standard** throughout the program.

A Pass cannot be awarded if more than one element has a GOE of -3 or more than two elements have a GOE of -2.

Test Result Pass  Fail

Judges Name: (please print) \_\_\_\_\_ State: \_\_\_\_\_

Judges Signature \_\_\_\_\_

Probationary Judge Assessment: (Please tick appropriate box) Poor  Fair  Good  Very Good  Excellent

Test Referees Signature: \_\_\_\_\_



# SENIOR SINGLES TEST

Candidate: \_\_\_\_\_

Date: \_\_\_\_\_

Number of Judges Required: Two (2)

**Requirements:** A program consisting of 7 (seven) required elements. The sequence of the elements is optional. The skater is to perform the elements for a Senior Short Program as listed in Rule 511 of the ISU regulations. The duration of the program is as defined in Rule 501 of the ISU regulations.

Element	Comments	Repeats	GOE
<b>Axel Jump</b> , Ladies: Double or Triple, Men: Double or Triple			
<b>Solo Jump</b> , Ladies: Triple, Men: Triple or Quad as prescribed in ISU group Immediately preceded by connecting steps and/or other comparable free skating movements			
<b>Jump combination</b> as prescribed in ISU group Ladies: One Double and Triple or Two Triples Men: Double and Triple, Two Triples, Quad and Double/Triple			
<b>Flying Spin</b> , as prescribed in ISU group no change foot, no change position, min 8 revs)			
<b>Ladies:</b> <b>Layback or Sideways Leaning Spin</b> (no flying entry, min 8 revs) <b>Men:</b> <b>Spin in one position</b> , as prescribed in ISU group (no flying entry, min 6 revs on each foot)			
<b>Spin combination</b> as prescribed in ISU group only 1 change of foot and at least 2 change of position (all 3 positions, no flying entry, min 6 revs on each foot)			
<b>Step sequence</b> (straight line, circular, serpentine)			
<b>Program Components Comments</b>			

The jump combination may consist of the solo jump or another double or triple jump. However, the jumps included must be different from the solo jump.

**Repeat:** A maximum of two elements may be repeated twice without music at the Judges' discretion.

**Pass Mark:** The assessment will take into consideration the Grade of Execution of the elements and the program components in determining a Pass or Fail. The **program components** must be of a **fair standard** throughout the program.

A Pass cannot be awarded if more than one element has a GOE of -3 or more than two elements have a GOE of -2.

**Test Result:** Pass  Fail

Judges Name: (please print) \_\_\_\_\_ State: \_\_\_\_\_

Judges Signature \_\_\_\_\_

Probationary Judge Assessment:      Poor      Fair      Good      Very Good      Excellent  
(Please tick appropriate box)                             

Test Referees Signature: \_\_\_\_\_