

Singapore Ice Skating Association

Registered Address:

No 6 Temasek Boulevard
#09-05 Suntec Tower Four, Singapore 038986
Website: www.sisa.org.sg ROS: 0253/1998/SPO
Tel: 65 8200-0474 Fax: 65 6722-0774



IMPORTANT COMMUNITY ANNOUNCEMENT

Dear members of the skating community,

The Singapore Ice Skating Association (SISA) will be organizing a gathering for ice-skaters on

Date: Saturday, 10th March 2012
Time: 11am – 2pm
Venue: Sapphire Suite
Orchid Country Club
1 Orchid Club Road
Singapore 769162

As long as you are a registered member of a local ice-skating club, you are welcome to this gathering. This gathering is not restricted to SISA members only. It is open to all ice skaters and ice skating coaches registered as members with the local ice-skating clubs.

For those who are going by car, location and driving direction are attached. There are ample free parking spaces at the Club.

For those taking public transport, there is a free 'Orchid Country Club' bus shuttle service operating at 10-minute interval from the bus stop in front of Yishun MRT Station (next to NTUC Fairprice Supermarket), which will bring you to the doorsteps of the club. A schedule of the shuttle service is attached.

Refreshments and light food will be served during this gathering.

The objective of this gathering is to have all ice skating members of local clubs come together to bond with all fellow ice skaters here. As the Executive Committee Members of the Singapore Ice Skating Association will also be present, it would also be a good time to meet them personally.

At this gathering, SISA will also be conducting the Skaters' Draw for the upcoming Singapore National Figure Skating Championships. **For those skaters who are participating in the upcoming championship, please note that the venue of the Skaters' Draw is now changed to Orchid Country Club to be held together with this gathering.**

We have also invited Mr. Kevin Cottam, a world renowned Choreographer, Performance Mastery Coach and Motivational Speaker to speak with our skaters and parents. To all skaters who are participating in the upcoming Championships, this is an opportune time to come and meet him in person and be motivated by him. A copy of Kevin Cottam biography is attached. For those interested in more information on Kevin Cottam, please visit www.kevincottam.com or www.ahamoments.us.

Due to space constraints, we have to restrict each ice skater below 18 years old to be accompanied by only one parent or one relative. For catering purpose, please complete the attached form and email it to administration@sisa.org.sg as soon as possible but not later than 27th February 2012. Only ice skaters, parents and coaches who have submitted the attached form to administration@sisa.org.sg will be admitted into the venue.

For ice skaters, belonging to foreign skating clubs, who are residing in Singapore and would like to attend, please write in to administration@sisa.org.sg giving skater's details and reason for not joining a local skating club. We will try to accommodate you if we have vacancies.

Alison Chan
Secretary General
SINGAPORE ICE SKATING ASSOCIATION

Singapore Ice Skating Association

Registered Address:

No 6 Temasek Boulevard

#09-05 Suntec Tower Four, Singapore 038986

Website: www.sisa.org.sg ROS: 0253/1998/SPO

Tel: 65 8200-0474 Fax: 65 6722-0774



Orchid Country Club

1 Orchid Club Road, Singapore 769162

Tel: 6755 9811 Fax: 6755 8874



Singapore Ice Skating Association

Registered Address:

No 6 Temasek Boulevard

#09-05 Suntec Tower Four, Singapore 038986

Website: www.sisa.org.sg ROS: 0253/1998/SPO

Tel: 65 8200-0474 Fax: 65 6722-0774



Map & How To Get Here



If you are driving, you may take one of the following

recommended routes to arrive at Orchid Country Club:

From City:	via CTE - SLE and exit at Lentor Avenue - Right turn at Yishun Avenue 1 - Orchid Country Club.
Alternatively:	via CTE - SLE and exit at Upper Thomson Road - Right turn to Upper Thomson Road - Sembawang Road - Right turn to Yishun Avenue 1 - Orchid Country Club
Alternatively:	via CTE - SLE and exit at Mandai Road - Left turn to Mandai Road - Mandai Avenue - Yishun Avenue 1 - Orchid Country Club
From North:	via Yishun Avenue 2 - Left turn Yishun Avenue 1 - Orchid Club Road
Alternatively:	via BKE - SLE and exit at Mandai Avenue - Yishun Avenue 1 - Orchid Club Road

100% Complimentary parking for all guests

Singapore Ice Skating Association

Registered Address:

No 6 Temasek Boulevard

#09-05 Suntec Tower Four, Singapore 038986

Website: www.sisa.org.sg ROS: 0253/1998/SPO

Tel: 65 8200-0474 Fax: 65 6722-0774



OCC FREE Shuttle Service from bust stop in front of Yishun MRT (next to NTUC Fairprice Supermarket)

Saturdays, Sundays, School & Public Holidays

From Yishun MRT to OCC					
0758	0828	0858	0928	1003	1033
0808	0838	0908	0938	1013	1043
0818	0848	0918	0953	1023	1053
1103	1153	1223	1253	1323	1403
1113	1203	1233	1303	1343	1413
1143	1213	1243	1313	1353	1423
1433	1503	1538	1613	1643	1718
1443	1513	1553	1623	1658	1728
1453	1528	1603	1633	1708	1738
1748	1818	1848	1918	2008	2038
1758	1828	1858	1928	2018	2048
1808	1838	1908	1958	2028	2058
2108	2148	2218	2248	-	-
2128	2158	2228	2258	-	-
2138	2208	2238	2313	-	-

From OCC to Yishun MRT					
0800	0830	0900	0930	1005	1035
0810	0840	0910	0945	1015	1045
0820	0850	0920	0955	1025	1055
1105	1155	1225	1255	1335	1405
1135	1205	1235	1305	1345	1415
1145	1215	1245	1315	1355	1425
1435	1505	1545	1615	1645	1720
1445	1520	1555	1625	1655	1730
1455	1530	1605	1635	1710	1740
1750	1820	1850	1920	2010	2040
1800	1830	1900	1930	2020	2050
1810	1840	1910	1940	2030	2100
2120	2150	2220	2250	2330	-
2130	2200	2230	2305	-	-
2140	2210	2240	2315	-	-

Bus runs on 10 mins interval: Weekdays (after 6.00pm), Weekends & School Holidays (excluding meal time)

Pick-up: Bus stop in front of Yishun MRT Station (next to NTUC Fairprice Supermarket)

Singapore Ice Skating Association

Registered Address:

No 6 Temasek Boulevard

#09-05 Suntec Tower Four, Singapore 038986

Website: www.sisa.org.sg ROS: 0253/1998/SPO

Tel: 65 8200-0474 Fax: 65 6722-0774



Biography

**Kevin Cottam, ACC, BSc
Performance and Creative
Mastery Expert
Director, Figure Skating
Choreographer, Motivational
Speaker**

info@kevincottam.com

www.kevincottam.com



'For almost two decades Kevin Cottam has had a tremendous impact on my development and success as a skater, artist, professional, coach and human being. Once again Kevin has inspired me through his presentation and made me become even more aware of how being connected is not only beneficial and essential to a figure skater, but more importantly to us all as humans.

Without having the mind, body, spirit connection we limit our potential in all that we do.'

Curtis Chornopyski, Figure Skating Coach, Miami, Florida USA

Kevin's vast thirty year plus history of working as a internationally renowned elite Figure Skating Coach, trainer and choreographer for all levels of competitors to National, World and Olympic Champions (Kurt Browning, Kristi Yamaguchi, Yuka Sato, Elizabeth Manley) helps define the direction of his performance and creativity mastery coaching for figure skaters, athletes and artistic performers.

His passion is to help people achieve excellence and success by performing to their creative best. What he is particularly known for is his creative inventiveness, contemporary outlook on creation, building solid teams and growing talent/performers who eagerly enjoy to engage with him.

As a Director and Choreographer, he has been the instrumental creative force behind the following: **Gemini Award Winning TV Figure Skating Specials** – Tall in the Saddle, Trial of Red Riding Hood, Ice Dream; **Figure Skating Shows** – Disney on Ice (Disney 15), Holiday on Ice – Xotika and Energia, World Expo in Taejon, Korea, Midsummer Night's Ice Dream, Stars on Ice; **Opening and Closing Ceremonies of Sporting Events** – 1984 World Figure Skating Championships, 1998 Canadian Figure Skating Championships; 2001 IAAF World Athletics Championships and the *1988 Calgary Olympic Winter Games*.

Singapore Ice Skating Association

Registered Address:

No 6 Temasek Boulevard

#09-05 Suntec Tower Four, Singapore 038986

Website: www.sisa.org.sg ROS: 0253/1998/SPO

Tel: 65 8200-0474 Fax: 65 6722-0774



Kevin has authored a motivational book, *Aha Mother's Pearls...27 Aha Moments of Realization* which is available upon request through his website www.kevincottam.com and soon to be available in book stores in Singapore.

Recently relocated to Singapore from Canada, he is inspired by the wealth of possibilities here in South East Asia. His passions are meditation, yoga, swimming, traveling, biking and a life long searcher for knowledge and wisdom.

Kevin's speaking has taken him to global destinations (Brussels, Monte Carlo, Amman, Dubai, Dallas, Mumbai, Singapore...) for conferences, trade shows, and not for profit engagements.

He has a Bachelor of Science Degree in Biology; Sun Advanced Coach Certification; NLP Practitioner; ORSC – Organizational Relationship Systems Coach Trainer; TILT 360 Leaders Certified to name a few. He is an active member of the International Coaching Federation as an ACC, Asia Pacific Speakers Singapore and Toastmasters International.

'Kevin has a very unique background from working as a coach to Olympic champions to creating large-scale productions. He has a global outlook and is deeply rooted in his fundamental beliefs and values. He focuses on his audience and inspires and engages them. He is original in his thinking and helps his clients to develop their own new solutions by challenging their mind set.' **Robin Lokerman, CEO - Institutional Division, MCI Group Singapore**

Some of the figure skating competitors, events and shows he has been involved with are the following: **World and Olympic Champions** – Kurt Browning, Kristi Yamaguchi, Yuka Sato, Liz Manley, Scott Hamilton, Lu Chen; **Gemini Award Winning TV Figure Skating Specials** – Tall in the Saddle, Trial of Red Riding Hood, Ice Dream; **Figure Skating Shows** – Disney on Ice (Disney 15), Holiday on Ice – Xotika and Energia, World Expo in Taejon, Korea, Midsummer Night's Ice Dream, Stars on Ice; **Opening and Closing Ceremonies of Sporting Events** – 1984 World Figure Skating Championships, 1998 Canadian Figure Skating Championships; 2001 IAAF World Athletics Championships and the 1988 Calgary Olympic Winter Games.

He combines his unique creativity and performance skills in sports, arts and events with his **Performance Mastery Coaching, Facilitating and Speaking** profession to inspire and motivate individuals, teams and organizations. The areas he works in are *leadership, relationship systems coaching, energy management defining organizational vision and purpose*. He is also a **creative consultant for events** and has created a unique project development workshop 'Curtains Up, It's Showtime!'

Other aspects of Kevin is that is an **award winning director** of short dance film; the author of the book, *Mother's Pearls...27 Aha Moments of Realization*, which is now being turned into a Mind, Body Soul workshop and retreat called, **Aha Yoga: The Art and Science of Inspired Performance**.

Singapore Ice Skating Association

Registered Address:

No 6 Temasek Boulevard

#09-05 Suntec Tower Four, Singapore 038986

Website: www.sisa.org.sg ROS: 0253/1998/SPO

Tel: 65 8200-0474 Fax: 65 6722-0774



SINGAPORE ICE SKATING ASSOCIATION

GATHERING @ ORCHID COUNTRY CLUB

SATURDAY 10TH MARCH 2012

11AM – 2PM

INVITATION RESPONSE FORM

A. *For our logistics and catering purpose, please complete the required details as follows:*

Name of Ice Skater: _____

Age of Ice Skater: _____

Contact: Mobile: _____ Email: _____

Name of accompany Parent/Relative (*if skater is below 18 yrs old*)

Name of Local Ice Skating Club: _____

Are you competing at the upcoming 11th Singapore National Figures Skating Championships? Yes
/ No

B. *We will try to allocate time for a dialogue session with the EXCO members if time permits. We shall try to address your concerns. We welcome constructive suggestions.*

What information would you like to hear from the EXCO members?

Please email this form to administration@sisa.org.sg as soon as possible but not later than 27th February 2012.